

Thanks for purchasing **VIBRA PRO** please read this instructions before use and keep for future reference.

IMPORTANT SAFETY INSTRUCTIONS

1. Read these instructions carefully and familiarize yourself with the procedure before assembling the unit.
2. Check that you have all the component parts following the list on the back cover and familiarize yourself with each part before proceeding.
3. Take all the fittings out of the plastic bag and separate them into their groups.
4. Ensure you have enough space to lay out all the parts before assembly.

WARNINGS

1. Long term effects of chronic electrical stimulation are not known.
2. Safety not determined for use during pregnancy
3. Persons with heart problems: DO NOT USE.
4. Persons with suspected or diagnosed epilepsy: DO NOT USE.
5. DO NOT stimulate over the carotid sinus nerves (or any part of the front of the throat) especially in persons with known sensitivity to the carotid sinus reflex.
6. DO NOT place over the front of the neck or mouth. Severe muscle spasms of the laryngeal and pharyngeal muscles may occur. The contractions may be strong enough to close the airway and obstruct or stop breathing.
7. DO NOT apply transcranially (through the head).
8. DO NOT apply current through the chest (transthoracic) as introduction of electrical current through the heart may cause arrhythmias.
9. **VIBRA PRO** must not be used over swollen, infected or inflamed areas or skin eruptions, e.g. Phlebitis, Thrombophlebitis, Phlebothrombosis, Varicose Veins etc. Emboli in the calf or elsewhere can dislodge and cause pulmonary embolism or stroke.
10. **VIBRA PRO** must be kept out of reach of children.

PRECAUTIONS ~ DO NOT USE WHEN:

1. There is tendency to Hemorrhage acute trauma or fracture.
2. DO NOT use following recent surgical procedure when muscle contraction may disrupt the healing process.
3. DO NOT use over the menstruating uterus.
4. DO NOT use where sensory nerve damage is present by a loss of normal skin. Some persons may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium used. The irritation can usually be reduced by use of an alternative conduction medium, or electrode placement.

ADVERSE EFFECTS

Skin irritation and burns beneath the electrodes has been reported with the use of electrical muscle stimulation.

This is not a medical device! This unit is intended to be used only for general physical conditioning! No medical claims are implied or warranted by the use of this product.

Important Guidelines

VIBRA PRO is extremely safe and simple to use- However **VIBRA PRO** does not take any responsibility for any harm caused due to misuse of the product. As a safeguard we suggest that if you have the following conditions, seek advice before using the machine:

- After childbirth (see heading After Childbirth)
- Persons using a heart pacemaker or with cardiac condition
- Epilepsy
- Multiple Sclerosis.
- Phlebitis in its active phase (Inflammation of a vein)
- Where tissue is inflamed through disease or injury.
- Recent scar tissue
- Varicose veins in its later stages
- During the heavy days of your period do not use the unit on your abs.

KNOW YOUR MACHINE

Toning – is the formula for retaining a good figure. Even while on a strict diet muscles that functioned properly during youth, tend to lose tone and sag, pulling body contours out of line. **VIBRA PRO** will help ease those sagging muscles back to their firm natural state simply by administering to the area you wish to treat. Because of **VIBRA PRO**'s portability, muscles can be shaped while you are reading, relaxing, walking or doing housework. It's easy to help improve figure problems, especially Abs, flabby under-arms, hips, thighs, bust-lines, buttocks & “after-baby” tummy.

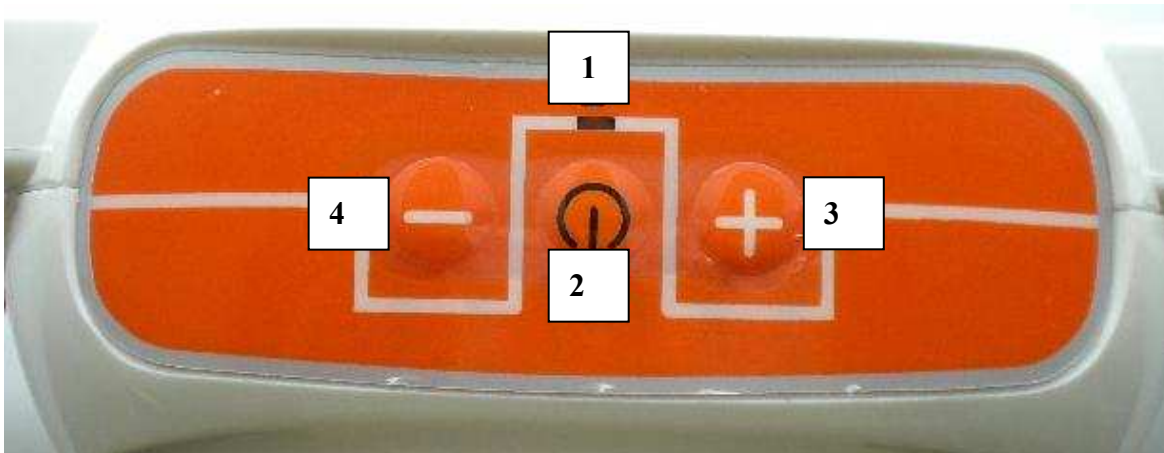
Body Building – in conjunction with your work-out routine, **VIBRA PRO** helps to increase muscle density, vascular and hardness by the process of intense contraction. This action produces better muscle definition and muscle separations will be much more pronounced.
The abdominals are one of the hardest muscle groups to shape and **VIBRA PRO** is ideally suited to assist in this difficult task.

THE SET INCLUDING:

1. Motor Box
2. PU Waist Belt with Velcro
3. Fasten Velcro Extension Belt
4. Power adaptor
5. Carrying Bag
6. User Manual



Function of the key on the top of the device



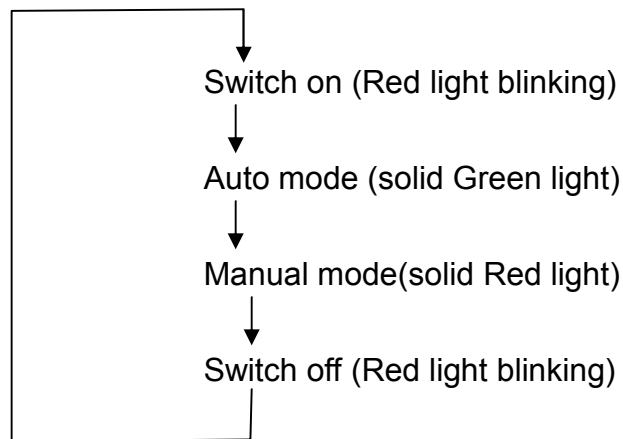
No.	Button Key	Function
1	Indicating light	When power is on/ pause/off, it light up in red blinking When the unit is working under auto mode, it light up in solid green When the unit is working under manual mode, it light up in solid red
2	On/off/pause	To start the unit, press once for power on To Off the unit, press for 1.5 seconds to off the unit To Pause the program during operation, press once simply, to start again press once again
3	+	To increase the level
4	-	To decrease the level

There are auto mode and manual mode available

- The auto mode : the level will start from low to high
- The manual mode: with 5 levels for selection, during operation, user can adjust the level anytime by pressing the + or - button
- Auto Timer - The item with 10 minutes auto timer, once start the operation, the unit starting to count down from 10:00 minutes.

HOW TO OPERATE:

1. Please make sure that the belt is securely placed through the belt guider of the unit, remember the Velcro tape should be facing outside.
2. Plug in the adaptor jack to the DC jack located at the bottom of the unit..
3. Securely fasten the belt to your desired body part. Plug the other end of the adaptor to the wall socket, indicating Light will be light up and blinking in red.



4. To start, press **On/off/pause** button once, the device will operate in auto mode which level will be increase gradually and the light indicates in green color. The Timer starts to count down from 10 minutes.
5. If you want to switch to manual mode during the operation, by pressing the **On/off/pause** button, the light will turn red, you can press the + or – button to adjust the level.
6. To switch off, press **On/off/pause** button for a second, the light turn red and you can remove the Adaptor from the socket.

SPECIFICATION

Name of Product	VIBRA PRO
Model Number	OEM-HK009
Power Consumption	12W
Input	AC100-240V 50/60Hz
Output	DC12 V 1.0A